



Positions available

Lived Experience Peer Coach

- Paid casual and volunteer roles available
- Full training provided
- Flexible hours and locations across Tasmania
- Supportive and experienced leadership team

About *Propel SCI Peer Coaching Tasmania*

- We collaborate with and support individuals with a spinal cord injury and their families to achieve greater independence, increase resilience, and build capacity for the future
- Through lived experience and training, Peer Coaches will undertake this through the knowledge areas of:
 - Independent living (modifications, equipment/aids, transitional supports, technological applications, transport)
 - Health (pain management, wound and skin care management, access to preventative health care)
 - Leisure and wellbeing (exercise, rehabilitation supports, social and community connections, wheelchair sport, nutrition, travel and accommodation, financial subsidies)
 - Family and parenting (relationship counselling, making sense of trauma)
 - Education and employment (including upskilling and volunteering options)
 - Information and resources (including NDIS navigation, self-managed plans, trusted third party community providers)
 - Advocacy and support in resolving concerns
- We build capacity through providing empathetic and qualified coaching support in:
 - Decision making through informed choices
 - Planning and goal setting
 - Self-reflection and review
- *Propel SCI Peer Coaching Tasmania* is funded by the National Disability Agency

Why work as a Peer Coach

- Working with us, you will be supporting people with a SCI to achieve their goals and aspirations with the aim of achieving sustainable employment, increased quality of life, providing support and encouragement to both the individual and their network, in conjunction with a multidisciplinary team

Peer Coach Role and Responsibilities

- One to one coaching support for people with a spinal cord injury
- Linkages with external community groups and allied health providers as required
- Assist with group-based events, ensuring learning outcomes are achieved
- Actively promote the participation and social inclusion of people with spinal cord injury into the community
- Complete session reports on time
- Follow policies and procedures, including upholding confidentiality and adherence to risk mitigation
- Promote self determination and supported decision making
- Actively participate through technology and social media platforms

Qualifications, Skills and Experience

- You will have a lived experience of Spinal Cord Injury, and a willingness to share your personal journey with others
- You will have a desire to contribute to the betterment of quality of life for fellow Tasmanians
- You will have great customer service skills, are person-centred, and seek to support another achieve their goals and aspirations
- You will need access to a computer for submitting reports, managing client files, and engaging with clients via technological platforms
- Access to transport ideal but not a limiting factor
- Successful applicants will be required to undergo pre-employment checks including but not limited to criminal record check, working with vulnerable persons check, employment history and referee checks

Remuneration

- Remuneration and/or reimbursement arrangements will be confirmed with successful applicants
- All Peer Coaches will have access to the Employee Assistance Program (EAP) provided through Relationships Australia
- Professional training and ongoing support provided

If this sounds like the ideal role for you, apply now!

How to apply

- Please complete the attached Expression of Interest form and return by 15 October 2019 to northwest@paraquadtas.org.au
- These roles have been identified as suitable for those with lived experience of spinal cord injury
- Further information available by contacting northwest@paraquadtas.org.au
- For more information on ParaQuad Tasmania, visit us at www.paraquadtas.org.au, or our Facebook and Instagram accounts



Lived Experience Peer Coach Expression of Interest

Propel SCI Peer Coaching Tasmania

I am interested in applying for:

- A paid role
- A volunteer role
- Either

| | |
|------------------------------|---|
| Name | |
| Phone | |
| Email | |
| Suburb of residence | |
| Gender | |
| Lived experience information | <input type="checkbox"/> I have a spinal cord injury and my level of injury is _____. I am _____year/s post injury <input type="checkbox"/> I have a lived experience of SCI as a _____, (ie family/partner) for the past _____year/s |
| Referee details | Please provide information for one referee regarding your suitability for a position as a Peer Coach Name: _____ Phone: _____ Email: _____ Relationship: _____ |
| A bit about you: | Please tell us in under 150 words why you are interested in the role. |
| | Please tell us in under 150 words a brief summary of your study, employment or volunteer history. |